



Certified Mental Health Professional Tier I Training Verification Form

Instructions

What This Is For: Certified Mental Health Professionals provide services to individuals with mental health conditions. To become certified, you must show that you've done at least 150 hours of training. Here's what counts:

- The training must have happened within the last 10 years. Note: Training from college or university degree programs does not expire and can count toward the requirement.
 - Training certificates or other eligible documentation must be provided for each claimed training.
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Required Training Hours by Topic

You must complete the following minimum number of hours in each topic:

Topic	Required Hours
Understanding Mental Health Conditions/Treatment Knowledge	56 hours
Trauma Informed Care	8 hours
Suicidality	8 hours
Crisis Intervention	8 hours
Application to Practice/Professional Readiness	18 hours
Psychopharmacology	8 hours
Recovery-Oriented Systems of Care/Person-Centered Counseling	16 hours
Documentation	8 hours
Professional Ethics	6 hours
Professional Responsibilities	14 hours

Ways to Meet the Training Requirement

You can meet the 150-hour requirement in one of two ways:

- Option 1: Complete multiple training events that add up to at least 150 hours and cover all the required topics.
 - Option 2: Complete a single training program of 150 or more hours that covers all required topics and provides one certificate of completion.
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For Applicants: What You Need to Do:

1. Download the Training Verification Form.
 2. Fill out the entire form.
 3. Assemble supporting documents for each training you list.
 - Documents must be electronic
 - Eligible documentation includes minimum information
 4. Submit two things to your online application:
 - The completed training documentation form.
 - Certificates or other proof for each training you list.
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Required Documentation

For each training you include, you must provide documentation that shows:

1. Your name
2. The title of the training
3. The dates the training occurred
4. The number of hours
5. The trainer's name and qualifications
6. Acceptable documentation includes:
 - Certificates of completion
 - Transcripts
 - Reports from a learning management system (LMS)
 - Other official training records

Be sure that each document is clear, complete, and matches the information listed on your form.



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How to Use This Form

- The form is filled out by the applicant.
- Supporting documentation for each training listed on the form is assembled by the applicant.
- The applicant must then submit the completed form and supporting documentation by either (1) uploading the form and supporting documents to their online application OR, (2) by email to the applicant’s assigned certification specialist.

Please type all information on the form. Handwritten forms may be returned and could delay the certification process.

Applicant Information				
Applicant Name*	Applicant Email Address			
<small>*Enter your name and email <u>exactly</u> as it is associated with your FCB account.</small>				
Training and Attestation				
<p>I understand and have met or exceeded the 150-hour training requirement, including the required number of hours per topic the training requirement.</p> <p>My training was taken within 10 years prior to my application for certification.</p> <p>I understand that I am responsible for completing and uploading this form and supporting documentation to my online application.</p> <p>I have provided information about my training on this form, and I assembled my supporting documentation in the same order as listed on this form.</p> <p>I met the 150-hour requirement by completing:</p> <ul style="list-style-type: none"> <input type="checkbox"/> A single training program of 150 or more hours that covers all required topics and provides one certificate of completion. <input type="checkbox"/> Multiple training events that add up to at least 150 hours and cover all the required topics. <p>By my signature, I attest that the information provided on this form and the supporting documentation are true, and I consent to an interview to discuss the documentation if requested by FCB staff.</p>				
Signature <small>(The FCB accepts both manual and electronic signatures)</small>			Date	
<p>ONLY complete this table if you met the training requirement through a single training program of 150 or more hours that covers all required topics and provides one certificate of completion.</p> <p>YOU DO NOT NEED TO COMPLETE ADDITIONAL TRAINING DOCUMENTATION TABLES.</p> <p>Follow the example below when reporting training (in italics) – ONLY submit this page and your training certificate.</p>				
Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>Certified Mental Health Professional Core Training</i>	<i>02/1/2024</i>	<i>02/20/2024</i>	<i>150</i>	<i>Training Certificate</i>



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Trauma Informed Care

8 hours

Follow the example below when reporting training (in italics) -- Assemble documentation in the same order as listed on this form.

Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>The Impact of Trauma on Mental Health</i>	<i>11/08/2024</i>	<i>11/08/2024</i>	<i>1</i>	<i>Training Certificate</i>

Suicidality

8 hours

Follow the example below when reporting training (in italics) -- Assemble documentation in the same order as listed on this form.

Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>Assessing Suicide Risk</i>	<i>12/16/2025</i>	<i>12/16/2025</i>	<i>3</i>	<i>Training Certificate</i>



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Documentation

8 hours

Follow the example below when reporting training (in italics) -- Assemble documentation in the same order as listed on this form.

Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>Clinical Documentation</i>	<i>01/06/2026</i>	<i>01/06/2026</i>	<i>2</i>	<i>Training Certificate</i>

Professional Ethics

6 hours

Follow the example below when reporting training (in italics) -- Assemble documentation in the same order as listed on this form.

Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>Ethics for Counselors</i>	<i>12/16/2025</i>	<i>12/16/2025</i>	<i>3</i>	<i>Training Certificate</i>



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Professional Responsibilities

14 hours

Follow the example below when reporting training (in italics) -- Assemble documentation in the same order as listed on this form.

Training Title	Start Date	End Date	Credit Hours	Documentation Type
<i>Self-Care for Behavioral Health Professionals</i>	<i>11/05/2025</i>	<i>11/05/2025</i>	<i>2</i>	<i>Training Certificate</i>